



TPL EXPERIENCES

Your team's

resilience

and

wellbeing

Top tips to help
support your
wellbeing
strategies

We have put together this guide to share some simple ideas to help you implement your Wellbeing Strategy more effectively.

Implementing these ideas will help you achieve your aim of making your workplace a happy and thriving space to be in, no matter your company size or industry.

1 Take it from the top

Make sure that messaging around your strategy is consistent and regular across the board.

3 Keep it simple

Think of how you can share key messages of the strategy in a fun, engaging, simple way.

5 Invite Collaboration

Invite volunteers to support you with planning a wellbeing event, share the responsibility to make it more inclusive.

2 Value Feedback

Record, listen understand and include your staff's feedback to reassure your staff that you genuinely care.

4 Small steps, big results

Instead of rolling out 5 elements of the strategy together, can you focus on just one at a time?

6 Review

Block time out to periodically review your strategies and implementation.

Thank you!

Contact us if there are any questions.

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